

List of Antihistamines to stop taking before your appointment!

Stop these antihistamines for **7** days before your appointment:

Claritin, Alavert - (Loratadine) *Allegra - (Fexofenadine)*
Clarinex - (Desloratadine) *Xyzal - (Levocetirizine)*
Actifed, Vistril - (Hydroxyzine) *Actifed, Dimetapp - (Brompheniramine)*
Atarax, Vistaril - (Hydroxyzine) *Chlortrimeton - (Chlorpheniramine)*
Phenergan - (Promethazine) *Tavist, Antihist - (Clemastine)*
Zyrtec - (Cetirizine)
Actifed, Aller-Chlor, Bromfed, Drixoral, Dura-Tab, Novafed-A, Ornade, Poly Histine-D, Trinalin (Combination Medicines)
Over counter Cold or Allergy remedies
Over the counter and prescription cough syrups

Stop these Nasal Sprays: *Patanase - Astepro - Astelin*

Stop these medications for **5** days prior (Before) your appointment:

Benedryl (Diphenhydramine)
Tylenol PM
Stop all Allergy eye drops

Stop these medications the morning of your appointment:

Tagamet - (Cimetadine) *Zantac - (Ranitidine)*
Pepcid - (Famotidine) *Axid - (Nizatidine)*

Continue all Asthma Inhalers
Continue Singulair (Montelukast)
Continue Nasal Steroid Sprays (Flonase, Nasonex, Veramyst, etc.)
Continue all of your other usual medications

Call us if you take the medications below as they may interfere with allergy testing. You should not stop them unless you talk with your doctor:

Amitriptyline (Elavil, Vanatrip, Endep)
Desipramine (Norpramin)
Clomipramine (Anafranil)
Doxepin (Adapin, Sinequan)
Imipramine (Tofranil)
Nortriptyline (Pamelor)
Amoxapine